



This Newsletter brings you all the news and announcements from ECSA. If you have any feedback, questions or ideas, feel free to contact us on: [ecsa@iarc.fr](mailto:ecsa@iarc.fr). For more information on the featured topics, check out the [SharePoint](#) or follow us on [twitter](#).

## 6<sup>th</sup> ECSA DAY - 2019

The 6<sup>th</sup> ECSA Scientific and Career Day was held on May 23<sup>rd</sup> 2019. It was a day of exciting presentations, workshops, team building exercises and interactive seminars including a career panel with 5 international scientists. During ECSA Day, 22 early career scientists (ECS) presented their posters (5 of them advertised their poster in a 3-min lightning talk) and 8 ECS gave oral presentations. Pictures from the day are available on the shared drive: \inti\ECSA\Scientific Day 2019\3. Photos

We thank all presenters for their contributions which added greatly to the success of the ECSA Day and we **congratulate the two winners of the ECSA day:**

**Mahdi Sheikh** has been awarded for the best poster presentation entitled *"Individual and combined effects of environmental risk factors for esophageal cancer based on results from the Golestan Cohort Study."*

**Citadel Cabasag** has been awarded for the best oral presentation entitled *"Impact of age and stage at diagnosis on ovarian cancer survival across seven high-income countries: A study from the ICBP-SURMARK-2 project."*



### Some advices from the career panel to keep in mind

- Network!!!
- Find the right balance for you
- Plan your career but stay flexible
- Push beyond your comfort zone
- Never regret decisions taken
- Develop soft skills
- Be open to new opportunities
- Be true to yourself

## Did you know?

- ❖ **A new Scientific Publication from IARC examines the global problem of social inequalities in cancer.** Several current & former ECS participated in this book: Miranda Fidler, Farhad Islami, Ivana Kulhanova, Joannie Lortet-Tieulent, Robert Newton, Monica S. Sierra.

### Reducing social inequalities in cancer: evidence and priorities for research

(IARC Scientific Publication No. 168)

There are differences in cancer incidence, survival, and mortality between and within countries. Some of these differences are related to social factors at national (such as Gross national income) or individual level (educational attainment, income level, race/ethnicity, and lifestyle to name a few). More than 70 experts, including several current and former ECS have contributed to an IARC publication which describes these inequalities in cancer and explains their underlying pathways. This book showcases examples of inequalities in every continent and gives real-world solutions to tackle them. Finally, it highlights research priorities (e.g. developing cancer registration and investing in cancer prevention) to eliminate or decrease social inequalities in cancer in the world.

**Free PDF available from** <http://publications.iarc.fr/580>

**Video:** <https://www.iarc.fr/video/reducing-social-inequalities-in-cancer-evidence-and-priorities-for-research/>

**Press release:** [https://www.iarc.fr/wp-content/uploads/2019/04/pr269\\_E.pdf](https://www.iarc.fr/wp-content/uploads/2019/04/pr269_E.pdf)

- ❖ A new seminar series have been launched at IARC: **30 Minutes for Prevention seminars**. The aim is to improve sharing and dissemination of knowledge on cancer prevention within IARC in an informal and interactive setting. For more information: [30minutesprevention@iarc.fr](mailto:30minutesprevention@iarc.fr)
- ❖ **Job opportunities** can be found on the [Career Prospects Portal of IARC](#).
- ❖ IARC has an **exchange space** where you can drop and take objects, furniture, etc. [Contact Roland Wedekind for more information](#).
- ❖ **Slack** is a great tool to communicate within IARC. We also have an IARC-ECS dedicated channel to promote discussion between us (outing organisation, reaching for help). Check *Interact with us tab* on the ECSA Sharepoint (<http://collab.iarc.fr/communities/ecsa>).
- ❖ Have you missed the first **“ECSA AFTERWORK”** planned on 6<sup>th</sup> June? Don't worry, every first Thursday of the month, others such events will be organised. Come to meet your colleagues and to get to know them better while chilling after a hard journey!!
- ❖ « **Les oncoriales** » is a free event organized by the cancéropole CLARA for early career scientists and caregiver committed in cancer research. This year some workshops on science popularization, open science or marketing social will be proposed. For register on the following link: <https://www.canceropole-clara.com/agenda/oncoriales-2019/>

## Volunteer opportunities

The ECSA-OC is looking for a motivated ECS volunteer to join the OC and co-fill the available position as Newsletter Officer.

If you are interested in joining the OC and helping with another task, don't hesitate to contact us or to come to the next OC meeting! **For more information contact** [ecsa@iarc.fr](mailto:ecsa@iarc.fr)

# Summer is coming !

*Top events and things to do in Lyon during the summer period*

## ➤ June 16

**Re Lyon Nous** is a team game mixing sporting, cultural and playful activities. Throughout the day, participants will have to find clues in the heart of the city to solve the puzzle and finish the adventure! Still time to register: <https://www.lyon.fr/sport/les-manifestations-sportives/re-lyon-nous>

## ➤ June 21

**World Music Day** is an unmissable date in French people's social calendar, inviting an ever-increasing crowd to enjoy music in the streets. Artists and music-lovers of all ages gather all over France, in order to share these moments of pleasure and discover new artists.

## ➤ June 12-27

**Printemps de Pérouges** is a music festival located in a one of the most beautiful village in France, the medieval city of Perouges. Official website: <https://www.festival-perouges.org/>

## ➤ June 1-July 30

**Les Nuits de Fourvière** features around 60 performances (theatre, music, dance, opera, circus, cinema,...) in the Gallo-Roman theatres of Fourvière with over 130,000 spectators attending. Official website: [www.nuitsdefourviere.com](http://www.nuitsdefourviere.com)

## ➤ July 14

**The French National Day** in Lyon include music, dance, and, of course, fireworks. The firework show begins around 10:30 p.m., above the pillars of Fourvière. If you're a firework freak, most cities around Lyon launch the festivities on the eve preceding July 14<sup>th</sup> which enables some people to celebrate the national day twice!

## ➤ June 27 – July 27

**The Transbordeur music club** kicks off summer with free concerts and apéros. Click on the following link for more information <https://www.lyon.fr>

## ➤ June 25 – August 27

**L'été en cinémascope** is free outdoor cinema located Place Ambroise Courtois, Lyon 8 organised by the Institut Lumière. More information: <http://www.institut-lumiere.org/actualités/l-ete-en-cinemascope-2019.html>

**Many FREE events are organized around Lyon during the summer period.** Check the following link to find the one you do not want to miss! <https://www.lyon.fr/fetons-lete>



## Wrap it up

In this section we feature a wrap-up of published papers by ECS members. In this issue, it is with great pleasure that we are featuring the latest papers of Citadel Cabasag (postdoc, CSU) and Adalberto Miranda (postdoc, CSU) with a brief summary of their main findings.



Citadel Cabasag

### The influence of birth cohort and calendar period on global trends in ovarian cancer

This paper provided readers an overview of the international ovarian cancer patterns and trends in 27 countries using latest national estimates of incidence and recorded incidence from successive Volumes of *Cancer Incidence in Five Continents*. It assessed the influence of birth cohort and period of diagnosis to ovarian cancer incidence over time. We showed that ovarian cancer has been declining in Europe and North America, yet increasing incidence was observed in some Asian and Eastern European countries. Moreover, increase in incidence rate ratio was observed among younger cohorts in Belarus and Japan, while strong period effect was observed in Denmark and U.S. around 2000. We postulate on the reasons for the divergent trends in different populations, particularly the use of oral contraceptives and changing registration practice.

You can also check the full article: <https://doi.org/10.1002/ijc.32322>



Adalberto Miranda

### The descriptive epidemiology of lung cancer and tobacco control: a global overview 2018.

This paper is part of a special initiative called "Lung cancer: progress in diagnostic, treatment, prevention and control". In summary, this study has sought to report the most recent global figures on lung cancer and tobacco prevalence data at the global level. In 2018, over two million new lung cancer cases and 1.7 million deaths were estimated to occur worldwide, representing 14% of the new cancer cases and 20% of the cancer deaths. The higher lung cancer incidence rates in parts of South America and Asia are important markers of the current tobacco epidemic. Stable or decreasing incidence rates were predominant among men, while among women increasing rates were common. The continuing rise in lung cancer among women in many countries further reinforces the need for the targeted implementation of smoking cessation policies to curb the tobacco epidemic, as well as the strengthening implementation of lung cancer screening in populations at higher risk.

You can also check the full article: <https://doi.org/10.21149/10140>

## Do not hesitate to contact us to share with us your latest publication !

Oh no, your paper exceeds the maximum number of pages allowed! What do you do??

### TIPS AND TRICKS FOR KEEPING YOUR PAPER WITHIN THE PAGE LIMIT

#### Shrink font size to limits of human perception

If a minimum font sized is imposed, use a font that is 0.2pt smaller. They won't notice, will they?

#### Take out excessive details of your methodology

Let's face it, nobody really cares (and if they do, why help your competition?)

#### Border size Rule-of-thumb:

If there is paper exposed, it can be filled (Nature, and other journals, abhors a vacuous submission). If limit exists, apply 0.2pt rule.

#### Use Max. Abbrev. in Ref. Sec.

Spelling out the journal names will only make it easy for people to look up your competitors' papers.

#### Rewrite entire paper to make it more concise and easier to understand

Yeah right. Prodigious verbiage establishes your superior intelligence. Also, who has the time?

# Welcome to IARC

New ECS arrivals from March to May 2019

NEW ARRIVALS



**Eileen Morgan**  
Postdoc  
CSU



**Thomas Gredner**  
Trainee  
CSU



**Mathilde Robin**  
Master's student  
NMB



**Pierre Mathray**  
Master's student  
MMB



**Rima Khraief**  
Master's student  
BMA



**Emilio Maldonado**  
Trainee  
SCR



**Jérôme Poizat**  
Master's student  
GCS



**Hana Zahed**  
Master's student  
GEP



**Emilie Mathian**  
Trainee  
GCS



**Selin Bilici**  
Master's student  
GCS



**Mathilde Boisserin**  
Master's student  
RMO



**Amélie Labaume**  
Master's student  
ETR



**Maxime Bonjour**  
Doctoral student  
ICE



**Maria García**  
Postdoc  
GEP



**Rajdip Sen**  
Trainee  
Sen



**ElHachem Nehme**  
Postdoc  
GCS