This is a special issue to reflect on our annual Early Career Scientists Association event: 4th ECSA Day. If you have any feedback, questions or ideas, feel free to contact us on: ecsa@iarc.fr

ECSA Day – 9th May 2017

Since 2014, the Early Career Scientists’ Association has organized an annual Scientific and Career Day (ECSA Day). ECSA Day is an opportunity for early career scientists to present their work to peers and colleagues through oral and poster presentations and take part in seminars and a career panel session, focused on important issues for early career scientists. This year, we extended the invitation to scientists in Cancéropôle Lyon Auvergne Rhône-Alpes which made the ECSA Day even more interesting.

This fourth edition was only made possible with the help of many of ECS volunteers, ASO, our friends in ETR and many other contributors. ECSA would like to thank you everyone for their hard work and assistance.

Team Building

To warm up and get to know each other, ECSA Day started with a couple of team building activities.

One of the activities, proposed by Athena, Anouk and Laura was building the highest tower out of “marshmallows” and “spaghetti”.

Workshop

As part of the ECSA Day, Olaf Kelm and Charlotte Volatier presented an interactive workshop on “How to meet your future employer”.

During this session Charlotte with the help of Nada Assi simulated five questions that a person could get during a Job interview. The do’s and don'ts were discussed for an optimal performance.

Poster and Oral presentations

During the ECSA Day, 21 early career scientists presented their posters and 5 early career scientists gave oral presentations. All IARC staff were invited to attend the poster and oral presentation sessions. We thank all presenters for their contributions which added greatly to the success of the ECSA Day.

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<tr>
<th>No.</th>
<th>Name of Presenter</th>
<th>Section</th>
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<tr>
<td>1</td>
<td>Florence Guida</td>
<td>GEN</td>
<td>Assessment of lung cancer risk based on a panel of circulating proteins</td>
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<td>2</td>
<td>Miranda Fidler</td>
<td>CSU</td>
<td>Cancer incidence and mortality among young adults (20–39 years) worldwide in 2012</td>
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<td>3</td>
<td>Manoj Kumar</td>
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<td>Welding fumes and lung cancer: a meta-analysis by IARC working group</td>
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<td>4</td>
<td>Adalberto Miranda-Filho</td>
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<td>Geographical disparities in Chronic Lymphoid Leukemia: clues to an environmental aetiology?</td>
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<td>5</td>
<td>Monika Gjorgjeva</td>
<td>INSERM</td>
<td>Alteration of cellular defences during hepatic tumour development in glycogen storage disease type IA (GSD1a)</td>
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Career panel

Four well-established scientists working in the field of cancer research participated in the career panel on the ECSA Day. They shared their career journeys and gave us good advice on how to become successful researchers. We hope you found their stories inspiring and encouraging for your career development.

**Advice:**
- Set your Goals straight
- Success is not a one way road
- Take pleasure in what you do
- Don’t be afraid to take risks
- Pick your battles wisely
- Build up Collaborations and Friendships
- Don’t be afraid to ask for help
- Write Grants
- Publish
- Search for strong mentorship
- Communication is key
- Keep going forward
- Apply for different fellowships, awards, etc.
- Don’t go just for the big name
- Have a life outside of work
- Be true to yourself

Our winners

Awards for the best poster and the best oral presentation were selected by the IARC judging panel on the ECSA Day. We congratulate our winners of the ECSA award – **Robert** and **Florence** – for the best poster and oral presentation respectively.

The best poster:
**Robert Carreras Torres** – The influence of obesity and metabolic factors in renal cell and pancreatic carcinomas: A Mendelian randomization study

The best oral presentation:
**Florence Guida** – Assessment of lung cancer risk based on a panel of circulating proteins